

The Association for Comprehensive Energy Psychology presents the **15th Annual International Energy Psychology Conference**

Thursday, May 30 - Sunday, June 2, 2013
Hyatt Regency, Reston, VA

May 29 - 30

EFT Professional Skills 1
Introductory Workshop

May 30

Pre-Conference

All-Day Seminars
13 one-day intensives

May 30 - June 2

Main Conference

45 Workshops in 9 Tracks

Fundamentals of EP
Spirituality and Consciousness
Special Populations
Specific Approaches
Integrated Approaches
TCM and Qigong
Peak Performance
Therapist Development
EP Potpourri

Invited Presentations

Maggie Phillips, PhD
Nisha Money, MD, MPH, ABIHM
Jim Turner, JD
Amy Weintraub, MFA, ERYT 500

Research Half-day

Free with Main Conference

Post-conference Events

June 3

Primordial Sound Meditation

HOPE on the Hill:

Citizen Healer Training

June 3 - 4

Essentials in CEP - Level 2

Up to 44.5 CE credits available

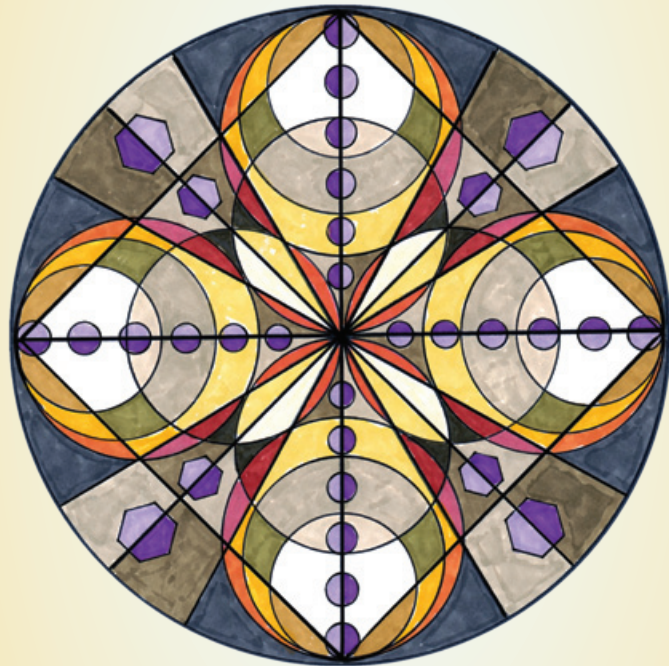
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Integrating Science, Psychotherapy & the Healing Arts



Keynotes

Eben Alexander, MD

Academic Neurosurgeon and best selling author of
Proof of Heaven: A Neurosurgeon's Journey into the Afterlife

Joan Borysenko, PhD

Harvard trained cancer cell biologist and world-renowned expert in the mind/body connection.
Best-selling author of ten books including *Minding the Body*, *Mending the Mind* as well as
Fried: Why You Burn Out and How to Revive

David Feinstein, PhD

Clinical psychologist and foremost thought leader in the field of Energy Psychology.
Award-winning author of *Energy Psychology Interactive* and *The Promise of Energy Psychology*.

Roger Jahnke, OMD

One of the country's leading physicians of acupuncture and Traditional Chinese Medicine. Co-founder
of the National Qigong Association and author of *The Healer Within* and *The Healing Promise of Qi*.

William Tiller, PhD

Renowned physicist and Professor Emeritus at Stanford University. Author of four books including
Science and Human Transformation: Subtle Energies, Intentionality and Consciousness.

15th Annual International Energy Psychology Conference

Who should attend?

- Psychologists
- Nurses
- Psychiatrists
- Social Workers
- Physicians
- Marriage & Family Therapists
- Chiropractors
- Energy Medicine Practitioners
- Counselors
- Alternative Health Care Providers
- Acupuncturists & TCM Practitioners
- Educators
- Clergy

The conference is open to anyone interested in their own healing and personal growth.

Table of Contents

| | |
|--------------------------------|------|
| Special Events | 2 |
| Keynote Presenters | 3 |
| Pre-Conference Workshops | 4 |
| Invited Presenters..... | 5 |
| Breakout Sessions | 6-12 |
| Conference at a Glance | 8, 9 |
| Post-Conference Events | 12 |
| Conference Registration | 13 |
| Membership Application..... | 14 |
| Donations..... | 14 |
| Essential Information | 15 |
| Continuing Ed Information..... | 15 |

The Association for Comprehensive Energy Psychology

is the largest international nonprofit organization of its kind, with close to 1,300 members promoting professionally responsible energy psychology treatments and collaboration among practitioners, researchers, and licensing bodies. For more information, visit our website at energypsych.org.

... Special Events ...

Wednesday, May 29 and Thursday, May 30 • 9:00am – 5:00pm • 12 CE Credits
EFT Professional Skills I

This comprehensive two-day experience is packed full of instruction, exercises, and practice to provide clinicians and practitioners the skills they need to begin working with clients as an EFT professional.



Learn EFT theory and science, The Basic Recipe, Tell The Story Technique, Personal Peace Procedure and Basic Ethics of EFT with plenty of practice time to deeply integrate these skills. Designed and directed by Tina Craig, this is as close as you are going to get to the original teachings of Gary Craig.

Michael DeMolina, MS, LPC-S, DCEP, ACAP-EFT, is ACEP's lead EFT trainer in North America and is a past chairman of the National Qigong Association (USA). He is a twenty-five year Tai Chi & Qigong practitioner. Michael's clinical practice integrates Neuro-Linguistic Programming (NLP), EFT, EP and DreamWork within a Depth Psychology world-view. Along with his wife, Wanda Warren, he founded and directs Wisdom Traditions, an integrative healthcare and wellness center in Anchorage, Alaska.

Thursday Afternoon, May 30 • 1:00pm – 5:00pm • 4 CE Credits

Research Half-Day

Listen to the most up to date research papers in the field. More details coming soon.

Thursday Evening Keynote: May 30 • 7:30pm – 9:30pm • 1.5 CE Credits

What Does ENERGY Have to do with Energy Psychology?



As research establishes that energy psychology protocols provide rapid and effective treatments for a range of disorders, the question "If it works, how does it work?" becomes more prominent. The term "energy" in the method's name and explanatory models has, in particular, led to criticism, conceptual confusion, and skepticism about mobilizing vague forms of energy for healing.

This talk will examine how tapping on acupoints rapidly addresses psychological problems and bring participants to the forefront of the latest developments in understanding the mechanisms of EP treatments.

Three of the mechanisms explored involve the influence of acupoint tapping on neural activity as it: 1) generates electromagnetic signals that reduce arousal in the amygdala; 2) produces delta waves that disrupt fear pathways; and 3) impacts the "organizing fields" that regulate the way the brain processes information.

David Feinstein, PhD, a clinical psychologist, has served on the faculties of The Johns Hopkins University School of Medicine and Antioch College. His books have been translated into seventeen languages and have earned a total of nine national awards, including six Golds at the US Book News, Nautilus and Indies competitions. *Personal Mythology* was Book of the Year in the Psychology/Mental Health category at the 2007 US Book News Awards. He is considered by many to be the foremost thought leader in the field of EP.

(This special evening presentation has a fee of \$30. However, it is free if you are attending a one-day pre-conference workshop.)

Saturday Evening • June 1 • 7:30pm – midnight • \$70

15th Anniversary Gala Dinner: Dinner, Dancing, Live Music and more!

Special Track: Roots of EP: Qigong and TCM



Qigong and Traditional Chinese Medicine are root healing traditions from which Energy Psychology has sprung. We have designed this track to provide you with deeper understandings of the links between Qigong and EP. In addition to broadening your conceptual understanding, you will also be able to experience Qigong as offered by several longstanding Qigong practitioners, teachers and EP experts. You can take just one workshop or spend your entire time at the conference enveloped in the Qi.

... Keynote Presenters ...

1.5 CE Credits for Each Keynote

Friday Morning • May 31 • 8:00am – 10:00am

The Science and Psychology of Ancient Wisdom



The new brain science offers an exciting window into the nature of consciousness, emotional balance, physical health and the inter-connection of subtle energies — systems of information — we call the mind.

The new field of interpersonal neurobiology describes how the mind is both embodied in our brain and nervous system as well as embedded in our relationships.

The quality of those relationships — whether they evoke love, compassion and mindfulness or fear, anger and constriction — affect the release of informational molecules. These “mind molecules” in turn create epigenetic changes that affect both physical and mental health.

Joan Borysenko, PhD, is a Harvard Medical School trained cancer cell biologist, a licensed psychologist, and New York Times bestselling author. A pioneer in psychoneuroimmunology, mind-body medicine, and stress management, Joan is known for her tender exploration of the human spirit — what kindles it and what snuffs it out. Founder of Mind-Body Health Sciences, LLC in Boulder, CO she is a perennially popular national speaker and author of fifteen books. Joan’s work has appeared in newspapers ranging from The Washington Post to the Wall Street Journal as well as online in the Huffington Post, Oprah.com and numerous other hubs.

Friday Afternoon • May 31 • 5:15pm – 7:00pm

Toward an Orthodox Science Capable of Integrating with Psychotherapy and the Healing Arts



This keynote talk is divided into four smaller presentations, each followed by a Q&A session. They are:

- 1) Why today’s orthodox physics, and thus orthodox medicine, are unable to integrate with psychotherapy and the healing arts;
- 2) Why psychoenergetic science expands both the relevant experimental variables and the reference frame for appropriately viewing

human nature so as to be capable of integrating with psychotherapy and the healing arts;

3) Relevant experimental and theoretical tools allowing us to both experience and understand the human condition and altered states of consciousness;

4) The simplest relevant configuration of interactive concepts and systems for a serious study of psychotherapy, the healing arts and information medicine.

William Tiller, PhD, Professor Emeritus of Material Science and Engineering at Stanford University, is the author of four ground-breaking books on psychoenergetic science: *Science and Human Transformation: Subtle Energies, Intentionality and Consciousness* (1997), *Conscious Acts of Creation: The Emergence of a New Physics* (2001), *Some Science Adventures with Real Magic* (2005) and *Psychoenergetic Science: A Second Copernican-Scale Revolution* (2007); as well as more than 150 published papers concerning un-actualized human capabilities. For the first time, a rigorous experimental protocol is available that allows human qualities to meaningfully alter properties of physical materials via specific human intentions. He currently directs the William A. Tiller Institute for Psychoenergetic Science in Arizona. In his conventional science field he has published over 250 scientific papers, three books, and holds several patents.

Saturday Morning • June 1 • 8:00am – 10:00am

The Qi: Ancient Roots of Energy and Consciousness Medicine



EP, energy medicine, mind-body medicine and shamanic healing all share a common root — the human awareness of the non-substantial essence of being — energetics.

Dr. Jahnke will mine for gold in ancient Chinese medicine and Qigong as well as in the findings of contemporary post Einsteinian quantum physics to reveal a variety of expected and unexpected insights into the nature of healing and the arts of energy psychology and inner alchemy.

Tai Chi is harmony and balance between the duality of the visible and invisible aspects of being, facilitating access to the ONEness — a primordial non-duality. The most powerful healing is a result of direct personal relationship with this original self. While some forms of Qigong are simple and some complex — all support the expression of eternal wellbeing. These principles of Chinese medicine are in direct congruence with contemporary EP.

Dr. Roger Jahnke, OMD, among the first American doctors of Chinese medicine, practiced clinical medicine for over twenty-five years. Author of two books, *The Healer Within* and *The Healing Promise of Qi*, he is a lecturer, trainer, researcher and the director of the Institute of Integral Qigong and Tai Chi. Dr. Jahnke has traveled to Asia eight times to seek the wisdom of energy based healing in the universities, hospitals, institutes, temples and sacred mountain sites. He has lectured or consulted for the AMA, American Hospital Assoc., IONS, ISSSEEM, National Wellness Institute and the Medical Fitness Association. The Institute of Integral Qigong and Tai Chi has trained nearly 400 Qigong and Tai Chi teachers and nearly 1000 practice leaders.

Sunday Afternoon • June 2 • 2:00pm – 3:30pm

Proof of Heaven: A Neurosurgeon’s Journey into the Afterlife



Dr. Eben Alexander III has been an academic neurosurgeon for the last twenty-five years, including fifteen years at the Brigham and Women’s Hospital and Harvard Medical School.

His professional certainty of how the brain generates consciousness, mind and spirit was permanently altered in 2008 after his own experience of spending seven days in a coma induced by a rare and deadly form of bacterial meningitis.

On the seventh day he awoke with memories of a fantastic odyssey deep into another realm — more real than this earthly one! He wrote down everything he could remember, before he read anything about near-death experiences, physics or cosmology. His experience clearly revealed that we are conscious in spite of our brain — that, in fact, consciousness is at the root of all existence.

Dr. Alexander’s professional background brings a new dimension to bear on our understanding and research of human consciousness and will have a major effect on how we view spirituality, soul and the non-material realm. In analyzing his experience, including the scientific possibilities and grand implications, he envisions a more complete reconciliation of modern science and spirituality as a natural result. This story would be remarkable no matter who it happened to. That it happened to Alexander makes it revolutionary.

Eben Alexander III, MD, is the author of the best-selling *Proof of Heaven: A Neurosurgeon’s Journey into the Afterlife*.

... Pre-Conference Workshops ...

Thursday, May 30 • 9:00am – 5:00pm • 6 CE Credits

Fee required. Registration is limited. Sign up early to guarantee your place. Attend one of these events and attend the Thursday Evening Keynote for free, a \$30 value! Read more about these pre-cons at energypsych.org

P1: TFT and Other Techniques for Emotional, Relational, Moral, and Spiritual Forgiveness

Forgiveness is a form of energy that deeply influences our world view and our relationships. Understanding forgiveness is essential in helping/healing after harm is done. Explore the use of Thought Field Therapy and other EP techniques in understanding and practicing the art of forgiveness.

Robert Bray, PhD, LCSW, CTS, TFT-VT has a private practice specializing in traumatic stress and consults and teaches TFT at all levels.

P2: AIT Psychodynamic Energy Treatment for Difficult Issues and Disorders

In this workshop you will learn AIT jet-propelled depth work to effectively treat the emotional and behavioral aftereffects of early trauma that produce anxiety, personality, and dissociative disorders and deep suffering. The protocols taught in this workshop will include the AIT Trauma and Traumatic Connections and Three-Step Transformation.

Asha Clinton, LCSW, PhD, is the developer of Advanced Integrative Therapy. A former Princeton professor in full-time practice for thirty-one years, she has created and taught fourteen AIT seminars and heads humanitarian aid projects in Guatemala, New Orleans, and on the Navajo Reservation.

P3: Heart Assisted Therapy (HAT)

This one-day workshop is an introduction to Heart Assisted Therapy (HAT) and describes basic clinical skills in using this psychotherapy approach with strong self-regulatory features. Heart Assisted Therapy is the original work of the presenter, which integrates and synthesizes traditional psychotherapy models with EP approaches.

John Diepold Jr, PhD, DCEP, is a licensed psychologist, member of the APA, and a member of ACEP since its inception. Dr. Diepold is a published author and has presented nationally and internationally on his areas of interest including workshops on HAT in the USA, Canada, and Europe

P4: Energy Psychology with Attachment Issues: Effective Interventions with Couples

EP provides powerful tools for intervening at critical junctures in marital counseling. Drawing on breakthroughs in attachment-based couple therapy, the residue of formative childhood experiences can be deactivated, internal intimacy models updated, self-regulation abilities enhanced, triggers cleared, and a more effective collaborative alliance formed.

David Feinstein, PhD, DCEP (See bio on page 2.)

P5: Introduction to the Identity Method (IM)

The Identity Method conceptualizes psychological problems as controlling identities or ego states, relatively dissociated from the core self. Treatment involves transmuted bodily sensations and imagery through mindfulness and stimulation of acupoints. IM is clinically efficient in treating many psychological, relationship and psychosomatic problems.

Fred Gallo, PhD, is an EP pioneer and author of numerous articles, manuals, and eight books. He is the author of *Energy Psychology* and co-author of *Energy Tapping*.

P6: Tapping into Venture Development Psychology

The exponential explosion of entrepreneurs is creating a vast potential marketplace for mental health professionals. Venture Development Psychology (VDP) addresses psychological factors related to business success. Discover how to integrate EP methods with VDP to assist entrepreneurs with the psychological factors connected with venture development.

David Gruder, PhD, DCEP, psychologist and eight-award-winning author, was ACEP's first president and a CEP certification program co-architect. He speaks, trains and consults for helping professionals, businesses and leaders worldwide in integrity, accountability, authenticity, relationship effectiveness and EP.

P7: Powerful Solutions for Addictions with Dynamic Energetic Healing

Addiction pervades our families and communities. Discover the natural and neurological roots of addiction, and develop skills to energetically treat various substances and processes (including alcohol, money, sex and food). Craving, denial, emotional imbalance, trauma, recovery and relapse are addressed as the energies of addiction.

Mary Hammond, LPC, DCEP, is an addictions specialist, therapist, trainer, consultant, and author. Mary brings her unique expertise in addictions, EP, and process oriented and developmental clinical skills to address the complexities of addictions and the interface with trauma.

P8: Heart-Brain Connection: Advancing the Avatars

Are you working with sensory integration issues, autistic spectrum disorders, ADHD, etc. or individuals who have different brain functioning, consciousness and patterns of processing both internal and external stimuli? Join us for a day of cutting-edge information and numerous methods to assist brain integration, balancing specific energetic patterns, and more.

Dana How, EdS, LPC, is a licensed professional counselor. She started her career as a school psychologist, and has spent years combining science, psychology, and spirituality into trans-consciousness therapies. These therapies emphasize unique techniques and transformational therapeutic processes.

P9: The Endangered Art of Reading “The Field” Through Energetic Countertransference

Learn how to read the information in your client's energy field – even over the phone! Find the correct meridian sequence for your unique client at that particular moment. There are simple, reliable, and learnable procedures to do this; the secret that opens many energetic doorways.

Phil Mollon, PhD, DCEP, is a clinical psychologist and psychoanalyst from England. He teaches EP widely in the UK, is the developer of Psycho-analytic Energy Psychotherapy [PEP], and serves on the board of ACEP.

P10: The Soul of Healing: Integrating Energy Psychology and Esoteric Teachings

This workshop will look at dis-ease from a spiritual perspective, and how to use EP to move past simply eliminating symptoms to full transformation. We will also discuss how to strengthen your own spiritual body, enabling you to serve your clients from a higher frequency of Light.

Mary Sise, LCSW, DCEP, is the past president of ACEP and co-author of *The Energy of Belief: Psychology's Power Tools to Focus Intention and Release Blocking Beliefs*. She is the program director of Her Holiness Sai Maa's Transformational Healers Program.

Get the latest updates and more details at energypsych.org

... Pre-Conference Workshops ...

PI1: Adventures in “Higher Consciousness” with TAT

“Higher consciousness” supports a condition of greater connection and joy between practitioners and clients. It’s easier for clients to transform in the presence of a practitioner who provides supportive, non-interfering love and attention. Participants will learn aspects of TAT to facilitate “higher consciousness,” deeper connection with self and better clinical outcomes.

Tapas Fleming, LAc, a California licensed acupuncturist, created a simple technique (TAT®) that can gently and easily reduce stress, end limiting beliefs, and greatly enhance presence. One of the most celebrated leaders in energy psychology, Tapas has taught TAT to hundreds of thousands of people worldwide.

PI2: Bodymind Healing in Psychotherapy: Towards an Integral Comprehensive Energy Psychology

Broaden your practice of comprehensive energy psychology, and discover how energy psychotherapy can include Qigong, Gendlin’s Focusing, cognitive restructuring, symbolic process traditions, etc.

Case examples and a demonstration will illustrate bodymind healing methods used in psychotherapy, and with behavioral healthcare issues such as hypertension.

Michael Mayer, PhD, is a psychologist, TaiChi/Qigong teacher, and co-founder of an integrative medical clinic. He has authored twenty publications integrating ancient sacred wisdom traditions and psychotherapy.

PI3: Advanced Energy Psychotherapy Utilizing the Chakra System

In depth study of the psychology of the chakras, as they pertain to EP, offers practitioners specific information and strategies for identifying and clearing the source of clients’ presenting problems by using this system of the body’s energy. Understanding of the chakras is a prerequisite.

Nancy Gnecco, MEd, DCEP, has a master’s degree in education and has been an educator and counselor for thirty years. She is an ACEP Diplomat, AAMET EFT Trainer of Trainers, and chakra therapist. Since 1995, Nancy has taught chakra therapy, TFT, TAT and EFT.

... Session B ~ Invited Presentations ...

Friday, May 31, 2013 • 2:00pm – 4:45pm • 2.5 CE Credits

B1: The Energetics of Healthy Politics • 2:00pm – 3:15pm

Many of us have given up on the political process as a hopeless boondoggle of toxic energy. Healers recognize and use the innate intelligence of the body as a powerful healing force for the health and well-being of the individual biological system. Citizen Healers engage the innate intelligence of the ‘body politic’ to catalyze transformation and restore health and well-being to the political and policy-making process. In this presentation you will learn a transpartisan model so that you can embrace your representatives as friends, allies and members of your communities. Learn how, as a collection of energy healers, we can educate our representatives about the power of energy psychology to enhance individual and social health and well-being.

Jim Turner, Esq., is a forty-five year veteran of consumer health advocacy and the law. He was one of the original Nader’s Raiders. Jim is the co-founder of Voice for HOPE (Healers of Planet Earth) whose mission is to empower citizen healers to educate politicians about natural and holistic health care. He is author of *Voice of the People: The Transpartisan Imperative in American Life*.



B2: Integrating Yoga-Based Energy Practices into Psychotherapy • 3:30pm – 4:45pm

Explore evidence-based yoga appropriate for a clinical setting, including mantra, mudra, breathing, imagery and affirmations that arise from the authentic experience of self. Learn to introduce yoga in the treatment room — neither mat nor touch necessary! Empower your clients to manage their moods, increasing self-efficacy. In the process of learning yoga to help clients focus, relax and have greater access to feeling states, you will release your own energy blocks and practice tools for self-care.

Amy Weintraub, MFA, ERYT-500, founding director of the LifeForce Yoga Healing Institute, trains yoga and health professionals internationally. She is the author of *Yoga for Depression* and *Yoga Skills for Therapists*. The LifeForce Yoga protocol is used by health care providers worldwide. She is involved in ongoing research on the effects of yoga on mood. www.yogafordepression.com



B3: Integrative Medicine and Energy Treatments for Wounded Warrior and Veteran Care • 2:00pm – 3:15pm

The military-veteran community’s wounds of war are varied and multi-dimensional in terms of the trauma experienced in battle and military environments. The use of complementary and alternative medicine (CAM) treatments and holistic healing modalities that utilize a multi-modal approach to address and access the mind, body and spirit are necessary in the rehabilitation and reintegration process of military-veterans. These include various EP and subtle energy techniques. Best healing practices to traverse the areas of survival, healing, thriving and empowering veterans and their families will be presented.

Military veteran Major (fmr) Nisha Money, MD, MPH ABIHM, is a preventive medicine physician with a specialization in integrative medicine and global health and director of the Global Healing Initiatives Institute. Dr. Money has an eclectic background, including a year spent in a yoga ashram before starting her medical and military career. Her positions have included US Air Force Flight Surgeon, Medical Commander for Homeland Security and Initial Disaster Response Teams and Chief of US Air Force Fitness for the Surgeon General.



B4: Reversing Trauma and Pain: Working through the Body with the Brain in Mind • 3:30pm – 4:45pm

This presentation presents both the art and science of working with the body to reverse the effects of physical and emotional pain and trauma. Various body-oriented skills will be discussed, including emotional and sensate self-regulation, body awareness, work with pendulum rhythms, somatic resourcing, expansion of innate resilience, and how to recognize and break free of the posttraumatic pain trap.

Maggie Phillips, PhD, is the author of four books including *Finding the Energy to Heal* and *Reversing Chronic Pain*. Her latest book is *Freedom from Pain: Discover Your Body’s Power to Overcome Physical Pain*. The winner of the Cornelia Wilbur award from ISSSTD and the President’s Award and Crasilneck awards from ASCH, she teaches worldwide on energy psychology, hypnosis and mind body approaches to pain and trauma.



... Breakout Sessions ...

The conference is organized into nine tracks. There are four important points to remember: 1) You are NOT required to sign up for a specific track. You can attend any workshop at the conference. 2) The purpose is to make the many options less overwhelming. 3) You can create a conference experience that is customized to suit your needs. 4) Each track has a number from 1 to 9. In the breakout descriptions you will find each workshop has a letter and a number (e.g. A3). The letter stands for the session time (A is Friday a.m.) and the number stands for the track (#3 stands for Specific Approaches). To view the tracks go to "Conference at a Glance" (p. 8-9).

If you are new to EP, we strongly recommend staying in the Fundamentals track. It is specially designed for clinicians new to EP.

Session A

Friday, May 31

10:30am - 12:30pm

A1. Ideomotor Cueing: Portal to the Unconscious

Ideomotor cueing gives us another perspective on reality through accessing inner wisdom of the body. It is an essential part of the guidance that directs EP techniques deriving from collaboration between tester and subject, yielding insight from outside conscious awareness.

Gregory Nicosia, PhD, DCEP is a licensed psychologist and ACEP past-president. He founded Advanced Diagnostics, Pittsburgh's premiere center for EP based psychotherapeutic treatment of trauma and cognitive dysfunction. Dr. Nicosia has helped to research, explore and elaborate the newest psychotherapies in the last thirty-five years.

A2. Energy Tapping and Holistic Radiology for Neck and Shoulder Pain

MRI has revolutionized pre-operative shoulder and neck pain diagnosis, but many painful conditions with psychosomatic components, including frozen shoulder and whiplash, can be managed non-surgically using EP. This workshop will include a literature review, clinical case reports, an experiential group exercise, and a demonstration.

Larry Burk, MD, CEHP is a holistic musculoskeletal teleradiologist specializing in MRI, acupuncture, hypnosis and EFT. He learned EFT in 2002 and completed ACEP certification in 2010. He has published scientific papers on MRI of rotator cuff tears and EFT for stress-related symptoms after motor vehicle accidents.

A3. Healing Beliefs and Judgments with Love

The Releasing Technique harnesses the power of love to transform negative feelings, beliefs and judgments. Learn to quickly transform beliefs and judgments in a hands on class.

Pamela Altaffer, LCSW, has been a psychotherapist for over twenty-five years and has a private practice with her husband. She has been utilizing EP for about fifteen years and has extensive training in couples therapy. She is also a certified InterPlay leader.

A4. Explorations at the Mind/Body Interface: The Integration of Psychotherapy and Applied Kinesiology

A model of mind/body interface is offered to explain the linking/unlinking of emotions and thoughts using EP strategies. Travelling from Darwin to present reconsolidation of memory theories, our exploration is an effort to integrate classical psychotherapy, the Chinese meridian system, and Applied Kinesiology.

Sheila Sidney Bender, PhD, DCEP is a New Jersey licensed psychologist and active retired faculty at the University of Medicine and Dentistry of NJ. She has written and lectured on various psychotherapeutic modalities including EP.

Participating: **Paul Sprieser, Victoria Britt**

A5. Emptiness Walking: Reclaiming the Soul after Trauma

Soul loss has been described throughout recorded time, especially after a battle or trauma. Clients describe an emptiness inside, as if part of themselves is missing. Through lecture and videotaped example we will discuss the process of reconnecting and re-integrating this dissociated aspect of consciousness with EP.

Mary Sise, LCSW, DCEP is the past-president of ACEP and co-author of *The Energy of Belief: Psychology's Power Tools to Focus Intention & Release Blocking Beliefs*. She is the program director of Her Holiness Sai Maa's Transformational Healers program.

*A6. Chakra-Based In-Session Strategies for Therapeutic Professionals

Using case studies from therapists, participants explore and apply chakra-based energetic strategies for common issues: countertransference, depletion and over-stimulation, excessive empathic connection, patient pulling, holding issues beyond the session, over-identification with story. The participants will identify and shift energy dynamics, regaining autonomy and authority.

Jill Leigh is the director of the Energy Healing Institute in Boston. She offers energy healing and self-care skills to allopathic and medical practitioners. Leigh is currently developing advanced energy healing curriculum and developing e-learning curriculum that includes energy hygiene skills for healing practitioners and therapists.

A7. Wisdom in Color: New Resources in the Emotional Reframing of Trauma

Learn how to help clients use color as a primary non-linguistic language to address unresolved stress/trauma. Participants will learn how to use color as both a nuanced symbolic representation of trauma and a nuanced method of "emotional reframing" of memory-based pathology.

Brent Baum, SSL, CADC is an ACEP member and is an internationally recognized author, trainer, and interdisciplinary specialist in the fields of trauma, addictions and spirituality. Completing his post-graduate training at the Gregorian University in Rome, Italy, he served as a Catholic priest, an archaeologist in the Near East, and as clinical director of Cottonwood Treatment Centers in New Mexico and Arizona.

A8. Personal Alchemy – Integral Qigong: Nine Phases of Cultivation and Mastery

Integral Qigong – nine phases of cultivation and mastery of Qi – is an accessible alchemy practice. Experience a direct association with the self which is indestructible, invincible and eternally well. In Chinese tradition, this is the immortal (primordial) self that can not die. Plus, learn "Tapping Primordial," an ancient EP tapping form that predates EFT by 2500 years.

Roger Jahnke, OMD (See bio on page 3.)

A9. How's the Matter With Me?

How we frame interventions is as important as what we say. Daniel Benor, psychiatric psychotherapist for forty years and the developer of WHEE, will guide wholistic explorations of the 'how' of EP interventions, including paradoxical approaches enhancing interactions with challenging clients, plus clearing humanity's collective PTSD.

Daniel Benor, MD, ABIHM, wholistic psychotherapist, developed WHEE: Wholistic Hybrid derived from EMDR and EFT. He authored *Seven Minutes to Natural Pain Release; Healing Research, I-III*; is on ACEP's Advisory Council, and edits the open access, peer reviewed international journal *Healing and Caring*.

Session B

2:00pm - 4:45pm

See page 5

*All breakout sessions are eligible for 2.0 CE credits except for A6, C9, D5, E3, E5, F5

I am amazed that even though I have gone to this conference for five years, there is always something new, something inspirational, something that I can't wait to use with my clients the following week.

– Robert Tracy, PhD

Session C Saturday, June 1 10:30am - 12:30pm

C1. Identifying and Treating Systemic Energetic Interferences

In this interactive session you'll learn to identify and treat systemic energetic interferences which are the most frequently encountered impediments to client progress. These interferences may also prevent EP treatments from bringing lasting effects and cause client frustration and discouragement.

Dorothea Hover-Kramer, EdD, RN, DCEP, is co-founder and past-president of ACEP, a primary architect of the foundational certification program in Comprehensive Energy Psychology, psychotherapist and director of Behavioral Health Consultants in Port Angeles, WA. She is the author of nine books about energy therapies.

C2. Core Quality Treatment: Developing Positivity and Purpose in Trauma Sufferers

We will learn to install and develop Core Qualities, the capabilities and attributes whose development trauma has prevented, and which are our most precious hidden potentials. This will enhance and transform us, and relieve the discomfort that sometimes follows deep energetic trauma treatment.

Asha Clinton, LCSW, PhD (See bio on page 4, P.2.)

C3. The Phoenix Effect Process: How to Use Focused Mindfulness for Energy Transformation

A unique imagery method of mindful focusing that rapidly eliminates negative beliefs, emotional states, self-defeating behaviors and relationship problems. This hands-on training will enable you to use it with confidence in your practice with children and adults.

Gloria Arenson, MFT, DCEP, past-president of ACEP, is author of the award-winning *How to Stop Playing the Weighting Game*, *Born to Spend*, *Five Simple Steps to Emotional Healing*, *Desserts Is Stressed Spelled Backwards*, *Freedom at Your Fingertips*, and *EFT for Procrastination*.

C4. The Autistic Brain and Neurological Confusion

Many studies have been completed regarding the neurology of autism and the differences that are evident when compared with those who do not have an autism spectrum disorder. Since differences can be identified, specific brain integration exercises that parallel EP strategies can be useful.

Amanda Freger, MEd, DCEP, is the director of autism services at Highlands Hospital in Pennsylvania. She began her career using EP techniques in a range of mental health treatment settings from outpatient to residential settings. She has provided clinical oversight to hundreds of therapists who have worked with mental health disorders and autism spectrum disorders.

If I need to choose to go to only one national conference per year, it will be ACEP, due to the cutting-edge theories and interventions offered....and the science to back them up.

– Diane Harris, LCSW

C5. Homo Luminous Emerging: Moving Psychology into Realms of Expanded Consciousness, 2013 and Beyond

This philosophical and experiential presentation incorporates theory from psychology, cosmology, physics, consciousness studies and ancient wisdom. Participants will be provided a wide scientific basis as well as an overview of methods for expanding both their theory and practice as psychotherapists in these transformative times.

Holly Timberlake, PhD, DCEP, is a licensed psychologist, philosopher, and visionary, at home in the current expansion of our experience of reality. A psychotherapist in private practice, she also facilitates groups and retreats, has a blog with more than sixty podcasts of her expansive healing meditational process: *Tapping Into the Field™*.

C6. Providing Psycho Educational Resources as a Professional: Responsibility in the Internet Age

Do you possess an untapped reservoir of expertise that you could be providing to more people than your psychotherapy clients? Discover how to turn your expertise into psycho-educational resources that provide what personal development resource consumers seek, and how to do this ethically AND profitably.

David Gruder, PhD, DCEP (See bio on pg. 4, P.6.)

C7. Beyond Dogs and Chocolate: How to Have Luxuriously Happy and Healthy Relationships

Unmanageable affect in couples typically results in socially unacceptable coping behaviors that often lead to further isolative patterns that undermine relationships. Learn how to use TAT to help individuals reduce emotional overwhelm and strengthen affiliative behaviors that support happy and healthy relationships.

Tapas Fleming, LAc (See bio on page 5, P.11.)

C8. Rooted in Spirit: The Physiology and Structure of Energy Psychology based on Historical Practices of Traditional Chinese Medicine

This experiential workshop will enhance your knowledge of classical Chinese medicine paradigms for emotional health. By learning how to apply Five Element Theory, you will increase your skills in diagnostics and interventions as well as enhance outcomes of EP by identifying HOW to achieve psychological harmony.

Wanda Warren, MHS, DiplAc, LAc, has been a Qigong practitioner for more than twenty-five years and is also a licensed acupuncture/oriental medicine physician specializing in Somato-Emotional health.

Michael DeMolina, MS, LPC, DCEP, ACAP-EFT (See bio on page 2.)

*C9. Shamanic Treatment of a Psychiatric Patient, a Video Demonstration

Psychiatrist Robert Alcorn, MD, presents a video demonstration of spirit removal. Special photographic techniques enable participants to see the spirit of the patient's great-grandmother as she begins to separate from the patient during the process of earthbound spirit release.

Robert Alcorn, MD, is a psychiatrist from Cleveland, OH. After more than thirty-five years experience as a psychiatrist and psychotherapist, he is now incorporating shamanic techniques and hands-on energy healing techniques in his work with psychiatric patients.

Session D Saturday, June 1 2:30pm - 4:30pm

D1. What's a Psychological Reversal and Why Should I Care?

Many clients lack full inner permission to make the changes they want. The common EP term for this phenomenon is "psychological reversal." This presentation shows you powerful strategies for supercharging your clients' success by identifying and intervening with their PRs. Includes demonstration and practicum.

Kristin Holthuis, MD, DCEP, graduated in 1993 in Holland as a family doctor. Since 1997, she has lived and worked in Costa Rica. In her private holistic medical practice she integrates EP modalities (EFT, TAT, DEH, HMR) with flower essences to enhance healing and consciousness in her patients. She is a passionate teacher and has trained many in her country in EFT and flower essences.

D2. The HBLU Approach to Clearing Blocked Memories of Trauma

In this ground-breaking presentation, participants will learn the three-step HBLU approach to clearing blocked memories of trauma without needing to consciously access the memories. This process not only prevents retraumatization of the client, it also eliminates most, if not all, emotional and physical symptoms.

Judith Swack, PhD, scientist, teacher, healer and visionary, has synthesized biomedical research with techniques from other healing systems. The results are *Healing from the Body Level Up*, an innovative and powerful methodology with transformative results. She has published and been cited in professional journals.

Session descriptions continue on page 10.

... Conference at a Glance ...

* No CE Credit for starred sessions

1 Fundamentals of Energy Psychology

Basic training in the principles and practice of EP

2 Specific Populations

Focuses on the application of energy approaches to specific types of problems or goals

3 Specific Approaches

Focuses on the theory or application of specific EP approaches

4 Integrated Approaches to Energy Psychology

Integrates different EP approaches, as well as other therapeutic approaches

Thursday, May 30

Research Half-Day ~ 1:00pm – 5:00pm

Evening Keynote ~ 7:30pm – 9:30pm ~ What Does ENERGY Have to Do with Energy Psychology? ~ David Feinstein,

Friday, May 31

Complimentary Breakfast ~ 7:00am – 8:00am

Early Morning Wake-up Sessions ~ 7:00am – 7:45am ~ Awaken the Body with Sunrise Yoga ~ Jennifer Closshey • C

Morning Keynote ~ 8:00am – 10:00am ~ The Science and Psychology of Ancient Wisdom ~ Joan Borysenko, PhD

**Session A
FRIDAY
MORNING
WORKSHOPS
10:30AM – 12:30PM**

Ideomotor Cueing:
Portal to the
Unconscious
Gregory J. Nicosia, PhD, DCEP

Energy Tapping and
Holistic Radiology for Neck
and Shoulder Pain
Larry Burk, MD, CEHP

Healing Beliefs and
Judgments with Love
Pamela Altaffer, LCSW

Explorations at Mind/Body Interface:
Integration of Psychotherapy &
Applied Kinesiology
*Sheila Bender, PhD, DCEP,
Paul Sprieser, Victoria Britt*

Lunch Break ~ 12:30pm – 2:00pm

**Invited Presenters
FRIDAY
AFTERNOON
2:00PM – 4:45PM**

B1 2:00pm – 3:15pm ~ The Energetics of Healthy Politics ~ Jim Turner, Esq.

B2 3:30pm – 4:15pm ~ Integrating Yoga-Based Energy Practices into Psychotherapy ~ Amy Weintraub, MFA, ERY

B3 2:00pm – 3:15pm ~ Integrative Medicine and Energy Treatments for Wounded Warrior and Veteran Care ~ M

B4 3:30pm – 4:45pm ~ Reversing Trauma and Pain: Working through the Body with the Brain in Mind ~ Maggie

Evening Keynote ~ 5:15pm – 7:00pm ~ Towards an Orthodox Science that is Capable of Meaningfully Integrating

Saturday, June 1

Complimentary Breakfast ~ 7:00am – 8:00am

Early Morning Wake-up Sessions ~ 7:00am – 7:45am ~ Emoto-Calisthenics! ~ John Freedom • Wake up, Recharge

Morning Keynote ~ 8:00am – 10:00am ~ The Qi: Ancient Roots of Energy and Consciousness Medicine ~ Roger Jai

**Session C
SATURDAY
LATE MORNING
WORKSHOPS
10:30AM – 12:30PM**

Identifying and Treating
Systemic Energetic
Interferences
Dorothea Hover-Kramer, EdD, DCEP

Core Quality Treatment:
Developing Positivity and
Purpose in Trauma Sufferers
Asha Clinton, LCSW, PhD

The Phoenix Effect Process:
How to Use Focused Mindfulness
for Energy Transformation
Gloria Arenson, MFT, DCEP

The Autistic Brain and
Neurological Confusion
Amanda Freger, MEd, DCEP

Lunch/Annual Meeting ~ 12:30pm – 2:30pm ~ Edible Ethical Dilemmas: ACEP Ethics Committee ~ .5 CEs

**Session D
SATURDAY
AFTERNOON
WORKSHOPS
2:30PM – 4:30PM**

What's a Psychological
Reversal and Why
Should I Care?
Kristin Holthuis, MD, DCEP

The HBLU Approach to
Clearing Blocked Memories
of Trauma
Judith Swack, PhD

Allergy Antidotes
Made Easy
Sandi Radomski, ND, LCSW

Integrating Energy
Psychology with the
Healing Power of Ritual
Sherry O'Brian, LCSW, DCEP

Mini Exhibitor Workshops and Movement session ~ 5:00pm – 5:45pm

Dinner/Dancing Banquet ~ 7:30 – Midnight ~ \$70

Sunday, June 2

Early Morning Wake-up Sessions ~ 7:00am – 7:45am ~ Awaken the Body with Sunrise Yoga ~ Jennifer Closshey

Complimentary Breakfast ~ 7:00am – 8:00am

**Session E
SUNDAY
EARLY MORNING
WORKSHOPS
8:00AM – 10:00AM**

First Steps Toward
Mastering the Chakras
*Lynn Karjala, PhD,
DCEP, EFT-ADV*

Energy Medicine and the Addict:
A New Treatment Paradigm
*Patricia Ann Mesmer, MS, CAP, CMHP
James Brown, LMFT, BCN*

*Introducing EmoTrance & Inner
Awareness Method as a Tool in
Emotional & Physical Pain Relief
Teresa Lynch, PT, DPT

Optimize Psychotherapy Results:
The Synergy of Integrating
TFT and EFT
Robert Pasahow, PhD

**Session F
SUNDAY
LATE MORNING
WORKSHOPS
10:30AM – 12:30PM**

Orientations to
Chinese Meridians
Michael Galvin, PhD, DCEP

Energy Psychology with
Trauma, Homelessness and
Compassion Fatigue
Caroline Emiko Sakai, PhD

Mindbody Orientation:
Its Potential Role in Resistance
and Therapeutic Change
*Alfred Heath, MA, LPC
Kit Furey, JD, CEHP*

The Settings Model: Changing
Implicitly Learned Reaction Patterns
*Daimon Sweeney
Dorothea Hover-Kramer, EdD, RN, DCEP*

Lunch ~ 12:30pm – 2:00pm

Closing Keynote ~ 2:00pm – 3:30pm ~ Proof of Heaven: A Neurosurgeon's Journey into the Afterlife ~ Dr. Eben A

Closing Ceremony ~ 3:30pm – 3:45pm

ABOUT THE TRACK SYSTEM: • You are NOT required to sign up for a specific track. • You can still attend any workshop at the conference. • The purpose is to make th

... Conference at a Glance ...

| 5 Spirituality and Consciousness | 6 Developing the Practitioner | 7 EP and Peak Performance | 8 TCM and Qigong | 9 Potpourri of Energy Psychology |
|---|--|--|---|--|
| Focuses on principles of the energetic role of consciousness and spiritual practice | EP practices for developing and strengthening the practitioner | Focuses on the application of EP for peak performance | Integrating TCM and Qigong with EP | A mixture of great EP workshops |
| PhD | | | | |
| Qigong, Tai Chi ~ Roger Jahnke | | | | |
| Emptiness Walking: Reclaiming the Soul after Trauma <i>Mary Sise, LCSW, DCEP</i> | *Chakra-Based In-Session Strategies for Therapeutic Professionals <i>Jill Leigh</i> | Wisdom in Color: New Resources in the Emotional Reframing of Trauma <i>Brent Baum, SSL, CADC</i> | Personal Alchemy – Integral Qigong: The Nine Phases of Cultivation and Mastery <i>Roger Jahnke, OMD</i> | How's the Matter With Me? <i>Daniel Benor, MD, ABIHM</i> |
| | | | | |
| T-500 Lector (fmr) Nisha Money, MD, MPH, ABIHM Phillips, PhD | | | | |
| with Psychotherapy and the Healing Arts ~ William Tiller, PhD | | | | |
| and Connect ~ Betsy Muller Jahnke, OMD | | | | |
| Homo Luminous Emerging; Moving Psychology into Realms of Expanded Consciousness <i>Holly Timberlake, PhD, DCEP</i> | Providing Psycho Educational Resources as a Professional: Responsibility in the Internet Age <i>David Gruder, PhD, DCEP</i> | Beyond Dogs and Chocolate: How to Have Luxuriously Happy and Healthy Relationships <i>Tapas Fleming, LAC</i> | Rooted in Spirit: Physiology and Structure of EP Based on Traditional Chinese Medicine <i>Wanda Warren, MHS, DiplAc, LAC</i> <i>Michael DeMolina, MS, LPC-S, ACAP-EFT</i> | *Shamanic Treatment of a Psychiatric Patient, A Video Demonstration <i>Robert W. Alcorn, MD</i> |
| *It's All in "The Field" - Integrating Family Constellations with Energy Psychology <i>Michael Reddy, PhD, CPC</i> | Look Ma, It's Easy! Conducting Research Case Studies <i>Gregory Nicosia, PhD, DCEP</i> <i>John Freedom, CEHP</i> | You Think You Want Abundant Health and Happiness? Think Again! Identify and Release All Barriers <i>Henry Grayson, PhD, DCEP</i> | Three Energy Systems Every EP Practitioner Should Know and Cultivate <i>Ted Cibik, DP, DMQ</i> | The Magic of Movement <i>Fred Gallo, PhD</i> |
| Qigong, Tai Chi ~ Roger Jahnke | | | | |
| *The Sacred Language and Science of Sound: A Wisdom Way™ Teaching <i>Gaisheda Kheawok</i> <i>Catherine Chater</i> | Using Personality Psychology to Create Positive Energy Rituals for the Four Basic Temperament Types <i>Barbara Sue Lawlor, LMFT</i> | Engaging the Power of Heartbreathing to Transcend Trauma and Activate Potential <i>Kathy Milano</i> | Qigong & Energy Psychology: A Conversation <i>See panelists on page 11, E8</i> | A "Miracle" in Guatemala <i>Tim Lynch, PhD, DCEP</i> <i>JB Fournier, MS, LCPC</i> |
| *Actualizing Human Potential <i>Barbara Stone, PhD, DCEP</i> | Energy Makeover: Creating Remarkable Results for Successful Clients <i>Betsy B Muller, MBA, CEHP</i> <i>Robert Schwarz, PsyD, DCEP</i> | I Can Do It! EP Techniques for Reducing Teacher and Student Stress <i>Amy H. Gaesser, MS Ed, NCC</i> <i>Cindy Baker, MEd, NCSP, DCEP</i> | Qigong for Self-cultivation: Daily Practices for EP Practitioners <i>Larry Stoler, PhD</i> | Logosynthesis: The Amazing Power of Words <i>Wauthier Yves, DCEP</i> |
| Alexander III | | | | |

... many options less overwhelming. • You can create a conference experience that is customized to suit your needs. • Some workshops fit more than one track.

*All breakout sessions are eligible for 2.0 CE credits except for A6, C9, D5, E3, E5, F5

D3. Allergy Antidotes Made Easy

Allergy Antidotes is a comprehensive system to identify and treat the underlying emotional components that contribute to substance sensitivities. Using newer technology, Allergy Antidotes is now even easier and more accessible. Learn Spinal Release, Laser Spray and Ask and Receive for reactions.

Sandra Radomski, ND, LCSW, is a social worker and a naturopathic doctor. She taught for eight years in the medical school at the University of Wisconsin. She is the creator of Allergy Antidotes as well as co-creator of Ask and Receive.

D4. Integrating Energy Psychology with the Healing Power of Ritual

An overview of the healing practice of ritual will be presented. The role of consciousness and spirituality will be discussed. Techniques to integrate EP with the spiritual practice of healing rituals will be demonstrated.

Sherry O'Brian, LCSW, DCEP, is a psychotherapist who has assisted thousands of individuals in her workshops, groups, and private practice to transform their pain into possibility. She is certified in CEP, EFT, IET, Advanced Clinical Hypnotherapy, Bereavement Counseling, Psych-K™ and Guided Imagery.

*D5. It's All in "The Field" – Integrating Family Constellations with EP

Using case studies and live demonstration, this session will highlight the origins, techniques, effectiveness and perspective of Family Constellations. This session will also illustrate the use of Family Constellations in conjunction with EP to relieve debilitating family-system influences that anchor the client's individual energy field in patterns of change resistant failure.

Michael Reddy, PhD, CPC, is a counselor, certified coach, author, shamanic practitioner and leader in the US of a family systems modality called Family Constellations. In addition to training practitioners, Michael helps people who have become trapped in chronic emotional or physical suffering recover their health and happiness.

D6. Look Ma, It's Easy! Conducting Research Case Studies

Single subject design studies are ideally suited for clinicians to conduct in their own offices. Conducting research will empower YOU to become a better clinician, while helping to advance the field of EP. Learn the 'nuts and bolts' of SSD research in this information-rich presentation.

John Freedom, CEHP, holds certifications in NLP, EFT, EMDR and Acupuncture Detox. He serves as chairman of ACEP's research committee and leads trainings in EFT and EP throughout the US and Europe.

Gregory Nicosia, PhD, DCEP (Bio on page 6, A1.)

D7. You Think You Want Abundant Health and Happiness? Think Again! Identify and Release All Barriers

Most humans have barriers to abundant health and happiness, explaining why we don't do what we know would support these goals. This workshop presents tools for identifying these barriers and demonstrates EP methods for clearing them and for opening new neural pathways to support change.

Henry Grayson, PhD, DCEP, is the founder of the National Institute for Psychotherapies (NYC) and of the Association for Spirituality and Psychotherapy. He is the author of *Use Your Body to Heal Your Mind: Revolutionary Methods to Release All Barriers to Health, Healing and Happiness*; *Mindful Loving*; and *The New Physics of Love*.

D8. Three Energy Systems Every EP Practitioner Should Know and Cultivate

Explore how energy transforms and moves in the body in the form of vibration sequencing and how that equates to the physical, emotional and the spiritual. Learn quick and easy purgation techniques for clients that will allow them to disperse excess anxiety, panic and PTSD.

Ted Cibik, DP, DMQ, is considered an international expert in medical QiGong, Qigong for health, internal martial arts including Taijichuan, and Chinese medicine. Dr. Cibik's council has been requested by the National Institutes of Health on stress management and exercise science specializing in QiGong.

D9. The Magic of Movement

Emotional states are reflected in facial expressions and gestures that can be used to balance energy and treat psychological problems. In this stimulating and experiential presentation, techniques for applying gestures to neutralize unwanted states and access healthy ones will be discussed and demonstrated.

Fred Gallo, PhD, is an EP pioneer and author of numerous articles, manuals, and eight books. He is the author of *Energy Psychology* and co-author of *Energy Tapping*.

Session E Sunday, June 2 8:00am – 10am

E1. First Steps Toward Mastering the Chakras

For many beginning EP practitioners, the chakra system seems mysterious and complicated to treat. This presentation offers a lively, engaging introduction to the chakras. Several simple methods of chakra balancing will be demonstrated, as well as ways to make these methods even more effective.

This was my first Conference and it exceeded my expectations. Friendliness and openness was a trademark of speakers as well as attendees.
– Alfredo Islas, Mexico

Email questions: admin@energypsych.org

Lynn Karjala, PhD, DCEP, EFT-ADV, specializes in trauma treatment. She is trained in hypnosis, AIT, EFT, TAT and BSFF and has published two books. Before becoming a clinician, she taught graduate and undergraduate course on life-span development and the psychology of death and dying.

E2. Energy Medicine and the Addict: A New Treatment Paradigm.

Explore the fast paced world of drug and alcohol addiction through the eyes of a working rehabilitation center. Learn how trauma, depression, and anxiety drive addictive behavior and how various energy modalities are being incorporated to change the face of treatment and improve recidivism.

Patricia Ann Mesmer MS, CAP, CMHP, is a certified addictions professional with a master's degree in mental health counseling. She is also a certified mental health counselor and has worked in the field of addiction for more than twenty-five years.

James Brown, LMFT, BCN

*E3. Introducing EmoTrance and Inner Awareness Method as a Tool in Emotional and Physical Pain Relief

Are you looking for a new empowering modality that addresses the relationship between physical and emotional pain for your clients? Then join us for EmoTrance and the Inner Awareness Method to add new and exciting tools to your EFT sessions.

Teresa Lynch, PT, DPT, is the author of *Stressfish Guide to EmoTrance* and an international lecturer on modern energy therapies and bodywork. She holds a bachelor's degree in physical therapy, a master's degree in health sciences, and a transitional doctorate in physical therapy from Thomas Jefferson University in Philadelphia, PA.

E4. Optimize Psychotherapy Results: The Synergy of Integrating TFT and EFT

Whether you provide EFT or TFT, you can become more effective by learning techniques from each modality. The TFT therapist should be aware that energy toxins are not the only reason why relapses occur, even though a client reports not experiencing distress in the session. Learn how to unearth all aspects through greater specificity in questioning in order to FULLY resolve the psychological problem.

Robert Pasahow, PhD, is a licensed psychologist, ACEP board member, and EFT and TFT therapist. He has published on TFT for pain, vertigo and tinnitus, the treatment of energy toxins, and promoting insight with EP.

*E5. The Sacred Language and Science of Sound: A Wisdom Way™ Teaching

The language of sacred sound reveals cutting edge tools that can be harnessed by practitioners to amplify the benefits of EP techniques and enhance re-patterning of mental and emotional beliefs. Discover sound as the universal language of wisdom that can name the soul's innermost understandings.

Gaisheda Kheawok is a peace elder, seer, medicine person and honoured member of the Seneca Wolf Clan. She is the founder/executive director of the Whispering Song School of Energy Medicine where she has been teaching and practicing as a shamanic facilitator for over twenty-five years.

Catherine Chater, MSc, has studied with Tribal Elder Gaisheda Kheawok for over nine years and is a graduate of the Whispering Song School of Energy Medicine Apprenticeship and Mentorship Programs. She is the director of the Whispering Song Healing Guild.

E6. Using Personality Psychology to Create Positive Energy Rituals for the Four Basic Temperament Types

Discovering your temperament type is energizing and is also the key to a deeper understanding of core values and needs. Many programs focus on managing time, but managing energy by developing positive energy rituals based on your temperament type allows fuller engagement and satisfaction with life.

Barbara Sue Lawlor, LMFT, is a marriage and family therapist who manages a mental health program in Fallbrook, CA. She uses her own positive energy rituals daily, both in her work with other therapists, with her clients, and to more fully engage in her work and her life.

E7. Engaging the Power of Heartbreathing to Transcend Trauma and Activate Potential

Heartbreathing, a component of Heart Assisted Therapy, is easily integrated within energy and traditional psychotherapeutic approaches. Explore research, case examples, and demonstrations of heartbreathing as a point of entry inviting rapid state shifts; strengthening internal resources; processing disruptive emotions/cognitions/memories; and enhancing contemplative practice.

Kathy Milano, PhD, DCEP, is a NJ licensed psychologist and founder of Soul Sanctuary, a serene, heart-centered private practice, specializing in treating trauma and personal empowerment. Kathy delightfully integrates heart centered energy psychology and a mind/body/spirit approach in workshops and retreats.

E8. Qigong & EP: A Conversation

Join the conversation! Five recognized Qigong practitioners will discuss the benefits of Qigong and its relevance to EP. They'll also discuss the ways knowing Qigong has enhanced their lives, their understanding of EP and clinical practice. Pose your burning questions about Qigong, TCM and EP.

On the panel: Ted Cibik, Michael DeMolina, Wanda Warren, Roger Jahnke, Michael Mayer and Larry Stoler

E9. A "Miracle" in Guatemala

A "Miracle" in Guatemala is the compelling humanitarian experience of a Rotary Club missionary team comprised of specialists in optical, medical and dental practice who discovered that working alongside an energy psychologist offered tremendous results for their traumatized patients.

Tim Lynch, PhD, DCEP, is a licensed psychologist with twenty-five years experience. He is a Fellow and Diplomat of the American Board of Medical Psychotherapists, a certified master practitioner of NLP and is certified in hypnosis. He is also a distinguished ToastMaster, past president of Rotary International and a recipient of the Jaycees Distinguished Service Award.

JB Fournier, MS, LCPC, past-president of the Chicago Psychological Association, received the first Governor's Award in Mental Health (1988) and has been in private practice in Chicago for over forty years, and full time practice as an energy psychologist since 1999 when he became a charter member of ACEP.

Session F Sunday, June 2 10:30am - 12:30pm

F1. Orientations to Chinese Meridians

This session describes the history of acupuncture meridians and the confluence of events that resulted in meridian-based energy psychology. Participants will understand how meridian acupoints came to be applied by tapping, touching, or other stimulation in a variety of procedures in EP.

Michael Galvin, PhD, DCEP, is a psychologist and psychology professor and supervisor trained in many traditional therapies as well as EP and EMDR. He is co-author of *Energy Psychology and EMDR: Combining Forces to Optimize Treatment*. He trains internationally in EP and EMDR.

F2. EP with Trauma, Homelessness, and Compassion Fatigue

Witness, through videos and stories, transformation of individuals and communities overcoming traumas and distress. Go behind the scenes of developing portals for the dissemination of the tools of EP in communities where they are much needed

Caroline Sakai, PhD, is a clinical psychologist in private practice. She was formerly chief psychologist at Hawaii Kaiser Behavioral Health Services,

I attended my first ACEP conference four years ago and I have gone every year since. I grow personally and professionally each time! I look forward to it every year!

— Judy Vartelas, LCSW

where she served for thirty-one years. She volunteered on trauma relief deployments to post-Katrina New Orleans and to Rwanda over a five year period.

F3. Mindbody Orientation: Its Potential Role in Resistance and Therapeutic Change

This breakout explores the relationship between routine assessment of orientation documented at the start of psychotherapy sessions and the potential benefits of reorientation as a therapeutic intervention to improve outcomes. The most current version of BSFF will be the medium re-orienting the self.

Alfred Heath, MA, LPC, assists clients to find physical, emotional and spiritual well-being through psychological coaching, psycho-spiritual facilitation, EP, energy healing, and awareness-and-intention-based self-help techniques.

Kit Furey, JD, CEHP, is a Health Certified Master Practitioner of NLP, a certified clinical hypnotherapist and a Certified Energy Health Practitioner through ACEP. She's mastered her intellect and consciously harnessed her intuition to help her clients instantly move forward with living a life they love.

F4. The Settings Model: Changing Implicitly Learned Reaction Patterns

Even desired changes are often resisted by our clients. The Settings Model identifies implicit or non-episodic learning as a source of this unwanted persistence, and provides protocols to create positive change even at these deep levels. This presentation includes multiple direct experiences for all participants.

Daimon Sweeney combines a lifelong interest in cultural anthropology, years of living in spiritual communities, and more than a decade of EFT experience to create advances in EP methodology. This has resulted in ongoing community-based programs in Bellingham and Mt. Vernon, WA.

Dorothea Hover-Kramer, EdD, RN, DCEP
(See bio on page 7, C1.)

*F5. Actualizing Human Potential

Using the unconditional love the whale kingdom has for humans as a model for the true nature of the Divine, find and release the limiting core beliefs about our Creator that have held us back from actualizing our full potential as the species homo sapiens.

Barbara Stone, PhD, DCEP, is a professor at Energy Medicine University, psychotherapist, and author of *Invisible Roots: How Healing Past Life Trauma Can Liberate Your Present* (2008) and *Transforming Fear into Gold* (2012). Developer of Soul Detective Protocols, she holds a doctorate in clinical psychology.

Conference Bookstore, Exhibits, & Audio Recordings

- Explore an extensive selection of books and tapes related to EP available for sale.
- Discover a wide range of products and services targeted toward EP practitioners.

We are offering a full set of MP3 recordings of the conference at an incredible price of \$199. You will be able to download or stream these high quality digital recordings from our new web learning center anytime you wish. A full CD set is also available for \$269, which includes shipping and handling.

Session descriptions continue on page 12.

... Breakout Sessions ...

F6. The Energy Makeover: Creating Remarkable Results for Successful Clients

Start an EP revolution - work with successful people! High-achievers want fast results and are motivated to reach new heights. Learn three quick balancing techniques that serve up results. Release your own blocks with exercises that work for the most common concerns reported by high-achievers.

Betsy Muller, MBA, CEHP, is a coach and best-selling author who has helped thousands of people discover their potential through conscious self-care. With an MBA and over thirty years of business experience, Ms. Muller is a certified energy coach, energy health practitioner, ACP-EFT practitioner and non-denominational minister.

Robert Schwarz, PsyD, DCEP, is the executive director of ACEP. He is an author of three books and has spent years helping high functioning people improve their performance using EP and other techniques.

F7. I Can Do It! EP Techniques for Reducing Teacher and Student Stress

This innovative session provides an informative, interactive overview of the impact of stress upon children. Learn up-to-date research and techniques demonstrating the effectiveness of energy-based modalities on preventing and reducing reactions to stress that can easily be integrated into daily routines!

Amy Gaesser, MS Ed, NCC, has over twenty years experience in mental health and academia and is pursuing her PhD in Educational Psychology at University of Connecticut. She utilizes a blend of traditional and energy psychology approaches to assist clients in overcoming challenges and reaching their greatest potential.

Cindy Baker, MEd, NCSP, DCEP, has been in practice for over thirty years, and enjoys helping children and adults through her understanding of the neuropsychology of learning and behavior. Cindy enthusiastically promotes the use of energy techniques for stress management in schools, businesses and private practice.

F8. Qigong for Self-Cultivation: Daily Practices for EP Practitioners

Treatment success in energy therapies is directly connected to the practitioner's energy level. In this fun experiential workshop, you will learn several Qigong practices that can improve your energy, help you overcome life challenges, and help you be a more effective EP practitioner.

Larry Stoler, PhD, past-president of ACEP, practices at WholeHealth Chicago, a center for Integrative Medicine. A life-long student of healing and healers, he is a certified Tao of Medical Qigong practitioner under the guidance of Master Nan Lu.

F9. Logosynthesis: The Amazing Power of Words

Logosynthesis® is a new model and treatment method in psychotherapy and coaching, based on the power of words as an energetic principle of change. This workshop presents a theory introduction, practical exercises and a demonstration.

Yves Wauthier Freymann, is a stress and certified trainer in EP (EFT, TAT®, REMAP NLP). He is also a neurological therapist, a TIPI and Ericksonian hypnosis practitioner, co-director of the Institute for Training in Psychotherapy Therapeutia and a representative of ACEP for Belgium.

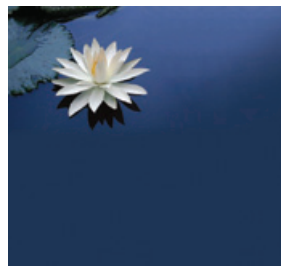
*All breakout sessions are eligible for 2.0 CE credits except for A6, C9, D5, E3, E5, F5

... Post Conference ...

Monday, June 3 • 9:00am - 5:00pm • No CE Credits

Primordial Sound Meditation

Developed by **Deepak Chopra, MD** and **David Simon, MD**, Co-Founders of the Chopra Center for Well Being



Primordial Sound Meditation is a powerful meditative healing practice that allows us to experience inner calm and deep relaxation. Rooted in the Vedic tradition of India, Chopra Center co-founders Deepak Chopra and David Simon revived this ancient practice of sound meditation and made it available in a format that is easy to learn. In this training you will receive a personalized mantra that helps you slip into the space between your thoughts, into the complete silence that is sometimes referred to as "the gap". Your mind is no longer caught up in its noisy internal chatter and is instead exposed to its own deepest

nature: pure awareness. *Proceeds of the seminar benefit EP research and we have arranged a deeply discounted price (save over \$100) for those that attend the conference.*

Jennifer Closshey, CEHP is a certified energy health practitioner and a Chopra University certified meditation instructor. She is a yoga therapist through Yoga Therapist International, and a graduate student at Energy Medicine University working on a PhD in integrated health.

Charleene Closshey is a certified Seven Spiritual Laws of Yoga instructor and a Primordial Sound Meditation Instructor through Chopra University and has studied with both Drs. Deepak Chopra and David Simon. She is also a spiritual performance artist — a musician (violinist/vocalist/pianist), composer, actor and producer who performs internationally from New York to Rome.

Monday, June 3 • 9:30am - 4:30pm • No CE Credits

HOPE on the Hill Citizen Healer Training

Discover how to be part of the healing of the body politic through engagement. In the first part of this training, you will learn how to engage your congressional representative in a bipartisan fashion to advocate for the efficacy of EP and energy medicine. In the afternoon, we will be putting this learning into action with a trip to Capitol Hill where you will actually meet with the staff of your congressperson. By day's end, you will be a Citizen Healer. *Proceeds benefit EP research.*

Jim Turner, Esq. (See bio on page 5, B1.)

Denise Lewis Preamschak is CEO of Voice for Hope and former CEO for ISSSEEM.

Monday and Tuesday • June 3 - 4 • 9:00am - 5:30pm • 12 CE Credits

CEP Level 2: Essential Skills in Comprehensive Energy Psychology

This training program is LEVEL 2 OF A TWO PART SERIES. You must have taken Level 1 to attend this workshop. Bethesda, MD Level 1 workshop offered March 9-10. Go to energypsych.org for details and dates of other locations.

The CEP series is designed to help attendees understand EP within an overall perspective of sound science, practical application, and ethical consideration. The term "comprehensive" refers to the fact that attendees will have an array of tools that they can use to customize treatment to the specific needs of each client. Furthermore, attendees will be shown how to integrate these tools within an overall psychotherapeutic framework. This workshop also prepares helping professionals wishing to become part of ACEP's Certification Program in CEP.

Gregory Nicosia, PhD, DCEP (See bio on page 6, A1.)

Tuesday - Thursday • June 4 - 6 • 9:00am - 5:00pm • 18 CE Credits

EFT Professional Skills 3: Certified Practitioner Level

This is the final step in the ACEP EFT practitioner certification program before individual consultation. This workshop is open only to people in the ACEP EFT certification track. See energypsych.org/eft or contact the office for details and registration.

This is what a professional conference is supposed to be: a superb blend of high professionalism and ethics, psychospiritual maturity, authentic collaboration and networking, loving kindness, and loads of fun!

— Alan Treborian, PsyD



... Conference Registration ...

WEB REGISTRATION STRONGLY ENCOURAGED – FOR MAIL OR FAX PLEASE PRINT VERY NEATLY – FEES ARE IN US \$ ONLY

Name _____ Credential _____

Address _____

City _____ State/Province _____ Zip/Postal Code _____

Country _____ E-mail _____

Phone _____ Fax _____

First Conference? Yes No

Member? Yes No

To be eligible for the member registration fee, you must be a current Association member through June 2013.

Group Code _____

Mailing Code (from label) _____

1. Main Conference Registration (May 31-June 2) Please check one category
 Registrations must be postmarked, faxed or web registered by dates indicated, without exception, to receive discounted rates. All registrations received after 5pm Eastern Time on May 13th will be processed as on-site registration at the on-site rate. (Fees are in US \$ only)

| On the web or postmarked by date: | By 2/11 | 2/12-4/1 | 4/2-5/13 |
|--|--------------------------------|--------------------------------|--------------------------------|
| Main Conference (Fri-Sun) - Member | <input type="checkbox"/> \$445 | <input type="checkbox"/> \$495 | <input type="checkbox"/> \$545 |
| Main Conference (Fri-Sun) - Non-Member | <input type="checkbox"/> \$520 | <input type="checkbox"/> \$570 | <input type="checkbox"/> \$620 |
| Main Conference (Fri-Sun) - Full Time Student* | <input type="checkbox"/> \$280 | <input type="checkbox"/> \$305 | <input type="checkbox"/> \$330 |
| Two Day - Member | <input type="checkbox"/> \$350 | <input type="checkbox"/> \$385 | <input type="checkbox"/> \$425 |
| Two Day - Non-Member | <input type="checkbox"/> \$400 | <input type="checkbox"/> \$440 | <input type="checkbox"/> \$480 |
| Two Day - Full Time Student* | <input type="checkbox"/> \$225 | <input type="checkbox"/> \$240 | <input type="checkbox"/> \$260 |

Choose: Friday & Saturday or Saturday & Sunday

* Must be full time graduate student. Registration must be accompanied by a copy of student ID card.
 • Group Discounts for Main Conference Registration Only: 10% discount for groups of 4-9; 15% discount for groups of 10 or more. Call 619-861-2237 or email to admin@energypsych.org to receive your group discount code PRIOR TO submitting registrations.

2. Pre-Conference Workshops (May 29 & 30) 6 CE credits per day • (Fees are in US \$ only)

| On the web or postmarked by date: | By 2/11 | 2/12-4/1 | 4/2-5/13 |
|--|--------------------------------|--------------------------------|--------------------------------|
| One-day Pre-con Seminars - Member | <input type="checkbox"/> \$155 | <input type="checkbox"/> \$175 | <input type="checkbox"/> \$195 |
| One-day Pre-con Seminars - Non-Member | <input type="checkbox"/> \$175 | <input type="checkbox"/> \$195 | <input type="checkbox"/> \$215 |
| One Day Pre-con Seminars - FT Student* | <input type="checkbox"/> \$80 | <input type="checkbox"/> \$100 | <input type="checkbox"/> \$120 |
| EFT PS1 2-Day Pre-con Workshop - Member | <input type="checkbox"/> \$300 | <input type="checkbox"/> \$300 | <input type="checkbox"/> \$330 |
| EFT PS1 2-Day Pre-con Workshop - Non-Member | <input type="checkbox"/> \$340 | <input type="checkbox"/> \$340 | <input type="checkbox"/> \$370 |
| EFT PS1 2-Day Pre-con Workshop - FT Student* | <input type="checkbox"/> \$170 | <input type="checkbox"/> \$170 | <input type="checkbox"/> \$200 |
| Half Day Research Only - Member** | <input type="checkbox"/> \$110 | <input type="checkbox"/> \$110 | <input type="checkbox"/> \$125 |
| Half Day Research Only - Non-Member** | <input type="checkbox"/> \$130 | <input type="checkbox"/> \$130 | <input type="checkbox"/> \$150 |

* Must be full time graduate student. Registration must be accompanied by a copy of student ID
 ** Research Only is free with full conference registration.

Thursday evening event (\$30 value) is included with pre-conference registration, do not check this event in the special events section.

- | | |
|--|---|
| <input type="checkbox"/> P1: TFT andr EP for Forgiveness | <input type="checkbox"/> P8: Heart-Brain Connection |
| <input type="checkbox"/> P2: AIT Psychodynamic Energy Treatment | <input type="checkbox"/> P9: A Secret in Danger of Being Lost |
| <input type="checkbox"/> P3: Heart Assisted Therapy (HAT) | <input type="checkbox"/> P10: The Soul of Healing |
| <input type="checkbox"/> P4: EP with Attachment Issues | <input type="checkbox"/> P11: Adventures in Higher Consciousness w/ TAT |
| <input type="checkbox"/> P5: Introduction to the Identity Method | <input type="checkbox"/> P12: Bodymind Healing in Psychotherapy |
| <input type="checkbox"/> P6: Venture Development Psychology | <input type="checkbox"/> P13: Advanced EP Utilizing the Chakra System |
| <input type="checkbox"/> P7: Powerful Solutions for Addictions | |

3. Audio Set of Entire Conference

Pre-order a full set of audio recordings of all available sessions with your "Main Conference" registration and save \$\$\$

MP3 on a stick – \$199 Full set of CDs – \$269 (shipping included)

4. Post-Conference Events: June 3 & 4: Essential Skills/CEP Level 2 • 2-day workshop

| | MEMBER | | | NON-MEMBER | | | STUDENT* | | |
|--|--------|---------|------------|------------|---------|------------|----------|---------|------------|
| | By 4/1 | By 5/13 | After 5/13 | By 3/25 | By 5/13 | After 5/13 | By 3/25 | By 5/13 | After 5/13 |
| | \$325 | \$350 | \$375 | \$365 | \$390 | \$415 | \$200 | \$240 | \$270 |

June 3: Primordial Sound Meditation

| | By 2/11 | By 4/1 | By 5/13 | By 2/11 | By 4/1 | By 5/13 | By 2/11 | By 4/1 | By 5/13 |
|----------------|---------|--------|---------|---------|--------|---------|---------|--------|---------|
| w/conference | \$195 | \$220 | \$245 | \$220 | \$245 | \$275 | \$150 | \$175 | \$200 |
| w/o conference | \$310 | \$325 | \$350 | \$330 | \$345 | \$395 | \$250 | \$275 | \$300 |

* Copy of valid, full time graduate student ID must accompany student registration.

June 3: Hope on the Hill By 2/11 - \$95 By 4/1 - \$115 By 5/13 - \$135

5. Special Events *Free with pre-conference registration

- \$30 *What Does ENERGY Have to Do with EP? (Feinstein) Thursday evening, 7:30pm – 9:30pm
- \$70 15th Annual Anniversary Celebration Dinner Saturday evening, 7:30pm – Midnight
- Vegetarian Beef Salmon

6. Registration Fees Total & Payment Information

- Payment must accompany your registration form • Only US dollars will be accepted on checks
- All non US members will be charged US equivalent at time the credit card is processed
- Only Mail, Fax or On-Line Registrations Accepted

\$ _____ Total Registration Fee for the Main Conference

\$ _____ Less Group Discount

\$ _____ SUBTOTAL

\$ _____ Total Fee for Pre-conference Workshops

\$ _____ Full Audio Set

\$ _____ Total Fees for Post-conference Events

\$ _____ Total Fees for Special Events

\$ _____ **GRAND TOTAL**

Enclosed is my check payable to Association for Comprehensive Energy Psychology in the amount of \$ _____ (Registration from outside the US must be in the form of a credit card)

Charge \$ _____ to the following credit card:

VISA MasterCard (Sorry, American Express not accepted)

Card # _____

Expiration Date _____ Security Code _____

Name as appears on card _____

Credit Card Billing Address _____

Signature _____

7. Please Indicate Any Special Needs

Dietary: Vegetarian Vegan Gluten Free Other (explain): _____

Physical: _____ Please check here if you require special accommodations in order to participate in the conference, and fax a written description of your needs (484) 418-1019.

Cancellation/Refund Policy Before April 5: full refund • Between April 5 & May 17: refund minus \$50 processing fee • After May 17: No refunds

ACEP policy on grievances pertaining to educational programs: If you have a grievance related to any workshop issue, please contact Executive Director Robert Schwarz at (619) 861-ACEP(2237) or email acep_ed@energypsych.org

Register Online at www.energypsych.org • On-line registration is strongly encouraged.
 Mail or Fax registrations to: ACEP Business Office, 233 E Lancaster Ave., Suite 104, Ardmore, PA 19003, USA
 Phone: 619-861-2237 • Fax: 1-484-418-1019 • Questions via E-Mail: admin@energypsych.org

Once your conference registration form is received and processed, you will receive a confirmation letter by US mail or by e-mail if e-mail address is provided. Please allow 3 weeks for processing.

For Internal Use Only:
 Date Received _____
 Amt. Received _____
 Notes _____

... Join Now! Membership Application ...

Name: _____ Suffix: _____ Date: _____
Organization: _____ Website: _____
Street Address: _____
City: _____ State/Province: _____ Zip/Postal Code: _____ Country: _____
Business Phone: _____ E-mail Address: _____ Home Phone: _____
Highest Degree Earned: _____ Degree Granting Institution: _____
Primary Profession: _____ Licensure: _____ State: _____

Certifications and Credentials: _____

Energy Psychology Modalities Currently Practiced: _____

I agree to abide by the Association's Code of Ethics.
Signature: _____

Yes No: I would like the above information to be made available on the Association's website membership directory.

Yes No: I would like to be on the Association's email list to receive the latest info about EP.

2013 Dues

USA Regular Member: Licensed mental health professionals or the international equivalent engaged in the treatment of emotional distress or allied helping professionals engaged in facilitating personal, relationship or leadership development or peak performance. (US \$125/yr)

Associate Member: Those (a) persons employed by educational institutions or governmental agencies whose career direction is not primarily that of practicing EP methods; (b) individuals formerly holding regular membership who no longer qualify for such membership; (c) persons representing a firm or corporation engaged in selling products or services to members of the Association; or (d) any person with a demonstrated commitment to supporting the goals of the Association and who does not qualify for regular membership. (US \$125/yr)

Canadian Member: Licensed mental health professionals or the international equivalent engaged in the treatment of emotional distress or allied helping professionals engaged in facilitating personal, relationship or leadership development or peak performance. (US \$120/yr)

International 1 Member: Rates are for residents of the following countries: Australia, Canada, European Union, Japan, Hong Kong, Singapore, South Africa (US \$100/yr)

Student Member: Full-time students pursuing an advanced degree in a health care field at accredited colleges or universities and not engaged in a profession employing the practice of energy psychology. (US \$60/yr)

Tax Deductible Donations \$ _____

The Association for Comprehensive Energy Psychology is a non-profit corporation. (IRS tax ID #33-0832999)

Association's Highest Priorities Humanitarian Aid Research

Become Active!

Our organization depends in large part on the support of volunteers inspired by our vision and goals. Membership on a committee is a great way to make new friends and build professional alliances. Please check your preferences:

Humanitarian Regional Activities Conference
 Membership Fundraising Communications

Amount of Payment \$ _____

Check Enclosed, payable to Association for Comprehensive Energy Psychology

VISA MasterCard

Account # _____

Expires: Month _____ Year _____ Code _____

Signature _____

Register online or mail your completed application and payment to:

The Association for Comprehensive Energy Psychology
233 E Lancaster Ave., Suite 104, Ardmore, PA 19003 USA

Applicants from outside the United States must use a credit card.

JOIN NOW!

Change within the health care field comes most readily from professionals who identify new trends and see the need to establish credible practice in a new direction. The time has arrived for the growing field of Energy Psychology, and ACEP is here to support your professional and personal growth in this arena. We've made it easy for you to sign up for the conference and become a member at the same time. When you begin your conference registration, simply opt to join as a member and then continue with the registration process.

The Home for Energy Psychology

The Association for Comprehensive Energy Psychology (ACEP) is a nonprofit organization with a global mission. By promoting research and providing training in energy psychology, ACEP provides a hub for professionals dedicated to exploring, developing, researching and applying these methods to alleviate human suffering, enhance human performance and access human potential around the globe. Our members include mental health and other health care practitioners, as well as educators, business coaches and laypeople.

Our Mission and Objectives

The Association for Comprehensive Energy Psychology is dedicated to the research, education and promotion of Energy Psychology to establish its credibility and effectiveness among all health-related professions. We work toward achieving this mission by:

- Serving as a central resource by providing the latest developments in research and application through our website, newsletter and conferences
- Sponsoring regional and international conferences about Energy Psychology to help expand awareness of this field among healing professionals and the lay community
- Providing Continuing Education credits for licensed professionals
- Conducting and/or financially sponsoring research that documents the validity and efficacy of these methods
- Identifying and overseeing standards of care and ethical guidelines for professionals who incorporate Energy Psychology modalities in their work
- Fostering the development and implementation of a competency-based program of study leading to credentialing in Energy Psychology and a program for maintaining credentials
- Supporting the dissemination of these methods among under-served populations worldwide through our Humanitarian Committee.

Member Benefits

- Up to \$140 discount on the annual conference,
- Up to \$200 off fees for certification in Comprehensive Energy Psychology (CEP) and Emotional Freedom Techniques (EFT)
- Discounts on other EP programs and events
- Listing in Web based Energy Psychology Therapist Locator
- Posting your EP related Workshops on the website
- Free monthly mp3 recording from previous conferences (a \$200 value)
- Discounts on Journals and other programs

For further information:

Phone: 619-861-ACEP (2237)

Website: www.energypsych.org

Fax: 1-484-418-1019

E-Mail: admin@energypsych.org

Continuing Education Credits • Up to 44.5 Hours Available

CE credit is available for: Psychologists • Nurses • Social Workers • Professional Counselors • LMFTs • Drug & Alcohol Counselors • Acupuncturists

The Association for Comprehensive Energy Psychology is a nationally approved provider for the:

- American Psychological Association (APA)
- Association of Social Work Boards (ASWB, 1048),
- National Board of Certified Counselors (NBCC, 5868)
- National Certification Commission for Acupuncture and Oriental Medicine (NCCAOM #727) (approval pending for this program)
- National Association of Alcohol and Drug Abuse Counselors (NAADAC, 368)

NEW: ACEP is approved by the American Psychological Association to sponsor continuing education for psychologists. ACEP maintains responsibility for this program and its content.

ACEP is an approved provider of continuing education (PCE2536) for the California Board of Behavioral Sciences (BBS) for California LMFTs and LCSWs. Presentations designated for CE meet the qualifications for CE credit for MFTs and LCSWs as required by the BBS.

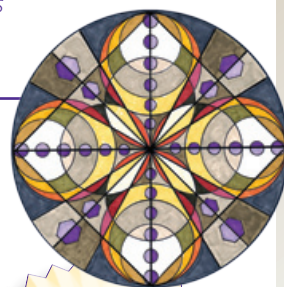
ACEP is an approved provider for the California Board of Registered Nursing (Provider #14626).

ACEP is an approved CE provider Florida Board of Clinical Social Work, Marriage & Family Therapy & Mental Health Counseling, Certified Master Social Workers and Florida Board of Nursing (CE Provider #50-10765). ACEP is an approved provider for Integrating Science, Psychotherapy and the Healing Arts for ACEP, Florida CE Broker Tracking # 20-375698.

ACEP maintains responsibility for this program and its content.

Please note that some of the breakout sessions do not offer CE credit. They are listed in the brochure and marked by an asterisk.

The program book will clearly show which workshops offer CE credit and which do not.



Tuition Includes full breakfast (including eggs) each morning of the main conference, coffee breaks & Saturday membership luncheon.

Tuition Information

Main Conference Tuition includes:

- Four stellar keynotes
- A choice of forty-five breakout sessions
- Four invited presenters
- Full breakfast on conference mornings
- Membership luncheon (Saturday)
- Special track for newcomers to EP
- Morning warm-up activities
- Access to exhibits and conference bookstore
- Special events and networking events
- Up to 19 CE credits (plus up to an additional 25.5 CE credits for pre and post conference events)

Group Discounts

For Main Conference Registration Only

10% discount for groups of 4 to 9

15% discount for groups of 10 or more

To receive your group discount code, call or e-mail PRIOR TO submitting registrations. Call 619-861-2237 or email admin@energypsych.org

Overall conference CE objectives are:

- Identify at least three EP methods or strategies to decrease negative or aversive affects.
- Describe at least three practices for reducing stress using EP and related methods.
- List at least two EP approaches to enhance performance.
- Identify at least three EP practices that can be integrated with general psychotherapy and counseling principles.
- List at least two concepts of how “energy” relates to energy psychology and the practices of counseling and healing.

Attention Students

Special discounts are offered for full time graduate students with official identification. **One year free student Association membership is included with student conference registration.**

Hotel Info

Hyatt Regency, Reston

1800 Presidents St., Reston, VA 20190

Group rate: \$145 • 703-709-1234

Book online at energypsych.org

The Hyatt Regency Reston is a Four-Diamond hotel with a resort-like ambience and was recently rated by Conde Nast Traveler Magazine as a Readers' Choice Top 100 Hotel in the US. Located in the heart of Reston Town Center, this hotel allows you to enjoy a myriad of fine shops and restaurants within walking distance.

The hotel features a full service health club, indoor heated pool, sauna and Roman spa. A complimentary continental breakfast will be offered each morning of the main conference.

ACEP has negotiated an outrageous room rate of \$145/night! Includes free parking and free internet in your room. Mention the ACEP group rate when you call reservations: 703-709-1234.

Travel:

By Car: Parking is FREE. Reston is within easy driving distance from most Mid-Atlantic states.

Air Travel: Fly to Dulles Airport (IAD). There is a free 10 minute shuttle to the hotel.

By Train: Get 10% off Amtrak to/from Washington, DC Fare Code Number: X87M-964 (Not valid on Acela service.)



acep

Association for Comprehensive
Energy Psychology

233 E Lancaster Ave., Suite 104

Ardmore, PA 19003 USA

The Association for Comprehensive
Energy Psychology presents the
15th Annual International Energy
Psychology Conference

Integrating Science,
Psychotherapy & the
Healing Arts

Thursday, May 30 –
Sunday, June 2, 2013
Reston, VA



... What People Are Saying ...

Given my time and financial constraints this year, I chose to attend the ACEP conference rather than a "vacation." For me this conference is socially, intellectually, and spiritually uplifting. This conference is more than a bargain.

– Michelle Ercolini, California

ACEP, by offering high quality workshops and keynotes on the further reaches of human development, possibility, and holistic healing, leads the field in contributing to the transformation of humanity. I am proud to be a member and revel in the opportunity to be with like-minded others who are both learning and contributing from the highest levels of integrity!

– Holly Timberlake, PhD, Ohio

2012 was my first ACEP conference. From my experience with other professional conferences, I have trained myself to lower my expectations going in. I was pleasantly surprised at the quality of each of the presenters that I attended. All were expert in their areas, well prepared and well delivered. Thank you for not disappointing.

– George J. Limberakis, Utah

Every year the conference gets better. This is a family reunion where friendships happen easily and learning is abundant each day. I am a better person and practitioner because I attend each year.

– Conference Participant

If you love having your mind expanded and your energy vibration raised, don't miss the ACEP Conference!

– Sandi Mazza, California

The ACEP Conference was a marvelous opportunity to learn new skills, recharge my battery, make new friends and professional networking connections, and to renew my connection to the vitally important spiritual side of my practice.

– Conference Participant

For the newbie, this was an exciting experience!!! I found the conference covered a broad range of topics, with excellent, experienced speakers. With this continued level of expertise I will continue to attend.

– Conference Participant

See what others have
said about the conference!
Visit energypsych.org

The earlier you register, the more you save! Details on page 13.

What is Energy Psychology (EP)?

Energy Psychology is a family of evidence-supported* psychotherapeutic approaches that integrate established clinical practices with somatic methods derived from various healing traditions of Eastern cultures. EP theory suggests that psychological problems are a reflection of disturbed bio-energetic patterns within the mind-body system. The mind-body system involves complex communication between a person's neurophysiology, cognitive-behavioral-emotional patterns, and bio-energetic systems.

By addressing disturbances in thought and emotion while engaging the energy systems of the body, EP allows for more rapid processing of a variety of emotional conditions. Additionally, clients learn mind-body skills to self-regulate between sessions, reducing symptoms of stress, anxiety, anger, trauma, guilt, shame, and depression.

EP provides tools to quickly assess unconscious resistances, promote readiness to change, release limiting beliefs and blocked emotions, and strengthen positive attitudes.

* There have been over fifty peer-reviewed studies conducted on Energy Psychology (EP) in dozens of countries by independent research teams. Eighteen of these studies are Random Controlled Trials (RCTs), 100% of which found statistically significant results in favor of EP (the .001 level was exceeded in 11/18 studies). These include an RCT with fifty survivors of the Rwandan Genocide showing dramatic reduction in PTSD (just published in the *International Journal of Emergency Mental Health*), and an RCT showing EFT (an EP modality) to considerably lower cortisol-related stress levels and self-reported psychological symptoms after a single treatment session. This study has just been published in the *Journal of Nervous and Mental Disease*. For details, go to energypsych.org/research

What can this conference do for you?

You can -

- 1) Learn powerful tools to improve the functioning and well-being of your clients
- 2) Reduce or eliminate dependency on low fee managed care contracts
- 3) Develop a specialty niche in the \$57 billion complementary and alternative health care market
- 4) Initiate and deepen your skills in cutting edge methods for change
- 5) Renew and reinvigorate your own energy and balance
- 6) Initiate, strengthen and master practices that integrate mind, heart, body and spirit
- 7) Network and strengthen relationships with like-minded professionals