

ENERGY PSYCHOLOGY

5-DAY BASIC INTENSIVE

INSTRUCTOR: DAVID FEINSTEIN

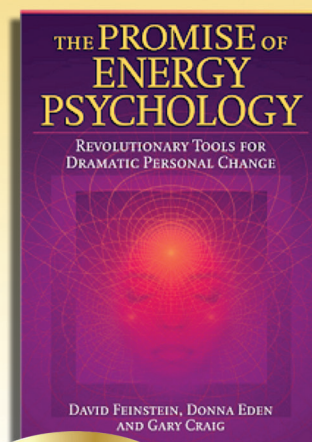
"Energy Psychology is a new discipline that has been receiving attention due to its speed and effectiveness with difficult cases. . . it integrates ancient Eastern practices with Western psychology."

—Ilene Serlin, Ph.D. (commenting, in the American Psychological Association's online book review journal, on one of Dr. Feinstein's books)



Energy Psychology has been called "acupressure for the emotions." By tapping energy points on the surface of the skin while focusing the mind on specific psychological problems or goals, the brain's neural pathways can be shifted to quickly help:

- **Change** Unwanted Habits and Behaviors
- **Overcome** Fear, Guilt, Shame, Jealousy, Anger, or Anxiety
- **Enhance** the Ability to Love, Succeed, and Enjoy Life



"David Feinstein takes the field to a new level . . ."

—Michael Galvin, Ph.D.
(Book review in *Shift* magazine)

"These methods can bring about remarkably rapid changes in the way people feel and move through the world."

—Bessel A. van der Kolk, M.D., Professor of Psychiatry, Boston University School of Medicine

These workshops are appropriate for anyone who wants to jump-start desired life changes and will be especially useful for mental health professionals.

June 8 - 13, 2014

The Esalen Institute
Big Sur, California

August 11 - 15, 2014

Cape Cod Institute
Limited to Mental Health Professionals.

October 12 - 17, 2014

Omega Institute
Rhinebeck, New York

For more information and Registration:
www.EnergyPsychEd.com