



Energy Medicine 101 & 102 Classes

Presented by **Lindy Franciose ...EEM-CLP... Essential Energy Medicine ...Raleigh, North Carolina**

Location:

Essential Energy Medicine

5856 Faringdon Place

Raleigh NC 27609

(Inside the Oasis ...)

Time:

10 AM – 5 PM

Date:

EM 101

Saturday Sept. 27

EM 102

Sunday Sept. 28

Cost:

\$ 125 / Per Class

\$ 250 / For the 2 Classes

Cash or Check payable to:

Lindy Franciose on day of class

CE's:

6 NCBTMB CE hours per class—
available-add \$10 per class

Continuing Education Credits

Innersource is approved by the NCBTMB as a continuing education Approved Provider (450052-06). Approved courses are labeled and the contact hours may be used for required certification for massage therapists.



I am so passionate to turn the whole world on to Energy medicine because we all need it so badly. We need to feel empowered to be able to heal ourselves, our children, and our friends. It's critical now. It's really important. Energy is the BEST medicine. The most important and the OLDEST medicine on earth. It's part of the life force." ...Donna Eden... at The 2013 International Gathering of Eden Energy Medicine

EM 101... This fun and fast paced class introduces you too the "Eden Energy Medicine" basics for self care, involving the 9 Primary Energy Systems of our bodies. The famous '5 Minute Daily Energy Routine', that gets your energies humming. Ways to work with and balance meridians, the rivers of energy that flow through our bodies. Stress management techniques. Neurolymphatic Reflex Points to help remove toxins and Neurovascular Reflex Points to balance emotions. Ways to stay grounded, boost our immune systems, and improve mental clarity. Plus lots more ! *This class is a pre-requisite for EM 102.*

EM 102 ... Now that you have completed EM 101 you are ready for this next enlightening more 'Hands-On' class. Learn about your 'Energetic Spacesuit' the Auric Field. Energy Testing Basics, including Self and Substance Testing for compatibility with Spleen Meridian. Test Before You Ingest. Releasing Pain the Energy Way. Zone Tapping. Two special Energy Balancing Techniques, you will personally experience during a mini-session, to calm and balance your energies. Plus lots of Practice Time to really integrate all of this amazing info.



Lindy Franciose is an Eden Energy Medicine Certified Clinical Practitioner, authorized instructor EM101 & EM102, Certified Clinical Aromatherapist, LMBT NC #1745, Esthetician NC E84, Reiki Master. For over 30 years, in her wellness practice and classes, she has blended natural holistic modalities for increased health, beauty, empowerment and joyful living. She is currently finishing the EEM Year 4 Advanced Practitioner program.

RSVP and Pre-Registration Requested

My class sizes are limited. Registration will ensure your space !

Call: 919-868-1316

Email: Lindyg3eem@gmail.com